



SIZING: EU TO IMPERIAL

TROUSER

SIZING SYSTEM

ALL TROUSERS HAVE ADJUSTABLE LEG LENGTH +5CM / 2"

Ensuring a perfect fit for the Helly Hansen Workwear trousers is more than just for comfort, it's for safety. If trousers are fitted correctly, you minimize the risk of getting caught on something while on site and maximize the life of the products with strategically placed reinforcement fabrics. Additionally, the product will feel more comfortable, as it will enable optimal movement.

Depending on your height, many of our styles include an 'extendable leg' feature that allows you to add an additional 5cm to the bottom hem.

How to extend the bottom hem of your HH Workwear trousers:



If your product has the extendable leg feature, you will find 3 threads on the bottom hem, 2 close together at the nearest bottom, 1 thread above the 2 that holds the additional material. These can either be in a contrast color or in a tonal color.



From the inside of the trouser, rip the top thread carefully, as to not tear the garment.



Remove the thread completely and pull the hem to reveal the additional material.

	REG OR LONG	WAIST	LEG	WITH HEM DROPPED
REGULAR LEG	C44	30	31	33
	C46	31.5	31.5	32.5
	C48	33	32	34
	C50	34.5	32	34
	C52	36	32.5	34.5
	C54	37.5	33	35
	C56	39	33.5	35.5
	C58	41	34	36
	C60	43.5	34	36
	C62	44	34	36
	C64	45.5	34	36
SHORT LEG	D88	32	28.5	30.5
	D92	34	29	31
	D96	35	29.5	31.5
	D100	37	30	32
	D104	38.5	30	32
	D108	40	30.5	32.5
	D112	41	31	33
	D116	43	31.5	33.5
WOMENS	C34	26	29	31
	C36	27	30	32
	C38	28	30	32
	C40	30	31	33
	C42	31.5	31.53	3.5
	C44	33	32.5	34.5
	C46	34.5	32.5	34.5
	C48	36.5	33	35

C-CODE

WAIST

LENGTH*

C44

30

31

C46

31.5

31.5

C48

33

32

C50

34.5

32

C52

36

32.5

C54

37.5

33

C56

39

33.5

C58

41

34

* WORK PANT LEGS ARE EXTENDABLE BY 2 INCHES (TO GIVE LONG LEG)

SIZE CHART



Men's Neck

	S	M	L	XL	XXL	3XL	4XL
Metric (cm)	37	38	39	41	42	43	44
Imperial (inches)	14.5	15	15.5	16	16.5	17	17.5



Men's Waist

	XS	S	M	L	XL	XXL	3XL	4XL	5XL
Metric (cm)	68 72	76 80	84 88	92 96	100 104	108 112	116 120	124 128	132 136 140
Imperial (inches)	26 28	30 32	33 34	36 38	40 41	42 44	46 47	48 50	52 54 56
Euro - DE, NL, BE	42 44	46 48	50	52 54	56	58 60	62	64/66	68 70 72 74
Euro - FR, ES, PT	34 36	38 40	42 44	46 48	50 52	54 56	58	60/62	64 66 68 70



Men's Chest

	XXS	XS	S	M	L	XL	XXL	3XL	4XL	5XL	6XL	7XL	8XL
Metric (cm)	72 76	80 84 88	92 96	100 104	108 112	116 120 124	128 132	136 140	144 148	152 156 160	164 168 172	176 180 184	188 192 196
Imperial (inches)	28 30	32 33 34	36 38	40 41	42 44	46 47 48	50 52	54 55	56 58	60 62 64	65 66 67	69 71 73	74 76 77
Euro	36 38	40 42 44	46 48	50 52	54 56	58 60 62	64 66	68 70	72 74	76 78 80	82 84 86	88 90 92	94 96 98
Leisurewear		S	M	L	XL	XXL	3XL						



Ladies' Bust

	XS	S	M	L	XL	XXL	3XL	4XL
Metric (cm)	72 76 80	84 88	92 96	100 104	108 112	116 120	124 128	132 136
Imperial (inches)	28 30 32	33 34	36 38	40	42 44	46 47	48 50	52 54
Euro - DE, BE, NL, NO, SV, DK	32 34 36	38	40 42	44	46 48	50	52 54	56 58
Euro - FR, ES, PT	34 36 36/38	40	42 44	46/48	48 50	52	54 56	58 60
Italy - IT	36 38 40	42	44 46	46	50 52	54	56 58	60 62
UK		8 10	12 14	16	18 20	22 24	26	28 30



Ladies' Waist

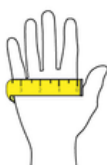
	XS	S	M	L	XL	XXL	3XL	4XL
Metric (cm)	60 64	68 72	76 80	84 88	92 96	100 104 108	112 116	120 124 128
Imperial (inches)	22 24	26 28	30 32	33 34	36 38	40 41 42	44 46	47 48 50
Euro - DE, BE, NL, NO, SV, DK	32/34 36	38 40	42	44 46	48 50	52	54 56 58	60 62 64
Euro - FR, ES, PT	34/36 38	40 42	44	46 48	50 52	54	56 58 60	62 64 66
Italy - IT	36/38 40	42 44	46	48 50	52 54	56	58 60 62	64 66 68
UK		6 8 10	12 14	16	18 20	22	24	26 28



Leg Length

- 29" - 74cm - Short
- 31" - 79cm - Reg
- 33" - 84cm - Tall
- 36" - 92cm - X Tall

☒ Note: Garment sizes vary depending on the style.



GLOVE SIZE	XXS	XS	S	M	L	XL	XXL	3XL	4XL
MINIMAL GLOVE LENGTH (INCHES)	5	6	7	8	9	10	11	12	13



MEASUREMENT CHART MEN - UNISEX

Size	XS	S	M	L	XL	2XL	3XL	4XL	5XL
Chest (cm)	84-88	92-96	100-104	108-112	116-120	124-128	132-136	140-144	148-152
Chest (inch)	33-34.5	36-37.5	39.5-41	42.5-44	45.5-47	49-50.5	52-53.5	55-56.5	58-60
Waist (cm)	70-74	78-82	86-90	94-98	102-106	110-114	118-122	126-130	134-138
Waist (inch)	27.5-29	30.5-32	33.5-35.5	37-38.5	40-42	43-45	46.5-48	49.5-51	53-54.5

Height 170-190 cm / 67-75 inch.

MEASUREMENT CHART ELKA MEN - WORKPANTS - NORMAL LENGTH

EU	44	46	48	50	52	54	56	58	60	62	64	66	68
UK/US	28.5	30.5	32.5	34.5	36.5	38.5	40.5	42.5	44.5	46.5	48.5	50.5	52.5
CH/F	38	40	42	44	46	48	50	52	54	56	58	60	62
Waist (cm)	74-78	79-82	83-86	87-90	91-95	96-100	101-105	106-111	112-117	118-123	124-129	130-134	135-138
Waist (inch)	29-30.5	31-32	32.5-33.5	34-35.5	36-37.5	38-39.5	40-41.5	42-43.5	44-46	46.5-48.5	49-50.5	51-53	53-54.5

Height 170-190 cm / 67-75 inch.

MEASUREMENT CHART ELKA MEN - WORKPANTS - SHORT LENGTH

EU	23	24	25	26	27	28	29	30	31
UK/US	30.5	32.5	34.5	36.5	38.5	40.5	42.5	44.5	46.5
CH/F	40	42	44	46	48	50	52	54	56
Waist (cm)	79-82	83-86	87-90	81-95	96-100	101-105	106-111	112-117	118-123
Waist (inch)	31-32	32.5-33.5	34-35.5	36-37.5	38-39.5	40-41.5	42-43.5	44-46	46.5-48.5

Height 170-190 cm / 67-75 inch.



MULTINORM WORKWEAR — JACKETS

B: Chest (cm)	C: Length (cm)	EUR	FR	DE+NL	UK	UK (inches)
86-90	172-176	44	40	42	S	34
90-94	174-178	46	42	44		36
94-98	176-180	48	44	46	M	38
98-102	172-182	50	46	48		40
102-106	180-184	52	48	50	L	41
106-110	182-186	54	50	52		42
110-114	184-188	56	52	54	XL	44
114-118	186-190	58	54	56		46
118-123	188-192	60	56	58	2XL	48
123-129	190-194	62	58	60		50
129-135	192-196	64	60	62	3XL	52

TROUSERS, BIB & BRACE AND COVERALLS — LENGTH: SHORT (S)

A: Waist (cm)	B: Chest (cm)	C: Total body length (cm)	D: Inseam leg length (cm)	EUR	FR	UK (chest)	UK (waist)	DE	NL
82-86	94-98	168-172	77	48S	42S	38S	33S	23	46S
86-90	98-102	170-174	78	50S	44S	40S	34S	24	48S
90-94	102-106	172-176	79	52S	46S	41S	36S	25	50S
94-98	106-110	174-178	80	54S	48S	42S	38S	26	52S
98-102	110-114	176-180	81	56S	50S	44S	40S	27	54S
102-106	114-118	178-182	82	58S	52S	46S	42S	28	56S

TROUSERS, BIB & BRACE AND COVERALLS — LENGTH: REGULAR (R)

A: Waist (cm)	B: Chest (cm)	C: Total body length (cm)	D: Inseam leg length (cm)	EUR	FR	UK (chest)	UK (waist)	DE	NL
74-78	86-90	172-176	79	44R	38R	34R	30R	42	42R
78-82	90-94	174-178	80	46R	40R	36R	32R	44	44R
82-86	94-98	176-180	81	48R	42R	38R	33R	46	46R
86-90	98-102	178-182	82	50R	44R	40R	34R	48	48R
90-94	102-106	180-184	83	52R	46R	41R	36R	50	50R
94-98	106-110	182-186	84	54R	48R	42R	38R	52	52R
98-102	110-114	184-188	85	56R	50R	44R	40R	54	54R
102-106	114-118	186-190	86	58R	52R	46R	42R	56	56R
106-110	118-123	188-192	87	60R	54R	48R	44R	58	58R
110-114	123-129	190-194	88	62R	56R	50R	46R	60	60R
114-118	129-135	192-196	89	64R	58R	52R	48R	62	62R

TROUSERS, BIB & BRACE AND COVERALLS — LENGTH: LONG (L)

A: Waist (cm)	B: Chest (cm)	C: Total body length (cm)	D: Inseam leg length (cm)	EUR	FR	UK (chest)	UK (waist)	DE	NL
78-82	90-94	186-190	86	46L	40L	36L	32L	90	44L
82-86	94-98	188-192	87	48L	42L	38L	33L	94	46L
86-90	98-102	190-194	88	50L	44L	40L	34L	98	48L
90-94	102-106	192-196	89	52L	46L	41L	36L	102	50L
94-98	106-110	194-198	90	54L	48L	42L	38L	106	52L
98-102	110-114	196-200	91	56L	50L	44L	40L	110	54L